

Community Health and Wellbeing Worker

Level: 3
Duration: 15 months

Community health and wellbeing workers work in partnership with individuals and communities to improve health, prevent ill-health, and reduce inequalities.



Good to know

You will spend a lot of time out in the community, not just in an office

The role requires excellent listening and empathy skills

You will work with diverse populations, often in underserved areas

Apprenticeship overview

This role focuses on the "causes of the causes" of poor health. You will learn to work with people to identify what matters to them, building on their strengths and connecting them with local services and resources to improve their overall wellbeing.

Core skills, knowledge and behaviours you will learn

- Holistic approaches to physical and mental health
- Identifying and addressing health inequalities in local areas
- Signposting and connecting individuals to community resources
- Building relationships with local organisations and groups
- Managing data and maintaining accurate records
- Promoting healthy lifestyle choices and resilience

Typical job roles

- Health Trainer
- Social Prescribing Link Worker
- Community Health Champion
- Wellbeing Officer

Where you might work

- Local government (Public Health)
- NHS community teams
- Voluntary, community, and social enterprise (VCSE) organisations
- Housing associations