

# **Young Adult Gambling Workshops**

**264,000**  
**students are at risk from their**  
**gambling**

**88,000**  
**students are at risk of becoming**  
**problem gamblers**

**Our Workshops will help you:**

- **Gain awareness, knowledge and skills to make safer gambling and gaming choices**
- **Understand the impact of problem gambling and recognise signs of problem gambling in themselves or others**
- **To know where and how to access help if you need it**

**for further help or to book onto a  
workshop email, ring or text:**

**jack.killingray@gamcare.org.uk**

**07423 166413**