**Hair, Beauty & Media Makeup**

**Course: Hair & Beauty Level 1**

**Tutor: Victoria Campbell**

Introduction to foundation learning:

[docs.google.com/presentation/d/1GmLW-JuGpwwQWOe4J496F9mXNHUfo5CGZ9WOnaOq-jA/edit#slide=id.p](https://docs.google.com/presentation/d/1GmLW-JuGpwwQWOe4J496F9mXNHUfo5CGZ9WOnaOq-jA/edit" \l "slide=id.p)

All about you: [docs.google.com/document/d/1Ki2VqrUk-Dg1OSyIuVl60MG9mUry8ph\_\_h2clQCwKAY/edit](https://docs.google.com/document/d/1Ki2VqrUk-Dg1OSyIuVl60MG9mUry8ph__h2clQCwKAY/edit)

Summer activities:

UC02 Introduction to the hair and beauty sector assignment

[docs.google.com/document/d/1RgYLbxbFdAwywkvR-S2kKVhOBvzfhUo\_XOHwxUY\_2As/edit](https://docs.google.com/document/d/1RgYLbxbFdAwywkvR-S2kKVhOBvzfhUo_XOHwxUY_2As/edit)

Pre-create an image research:

[docs.google.com/presentation/d/1IZf\_R67JDrplQBbfSNBqeyI8vbYzQNT2mLXf8kXihuU/edit#slide=id.p](https://docs.google.com/presentation/d/1IZf_R67JDrplQBbfSNBqeyI8vbYzQNT2mLXf8kXihuU/edit" \l "slide=id.p)

Presenting a professional image:

[docs.google.com/document/d/1D1PH7QEOCSQ66W2OrtiXfSA0hj1AWc1cSxUH7UEgLQ8/edit?ts=5ec7af19](https://docs.google.com/document/d/1D1PH7QEOCSQ66W2OrtiXfSA0hj1AWc1cSxUH7UEgLQ8/edit?ts=5ec7af19)

BARBICIDE COVID-19 Certification:

[easy-lms.com/barbicide-r-covid-19-certification/course-48584](https://www.easy-lms.com/barbicide-r-covid-19-certification/course-48584)

Reading list

Free virtual books to help you with your course:

Hairdressing: Level 1: The Interactive Textbook

[books.google.co.uk/books?id=l28QBAAAQBAJ&printsec=frontcover#v=onepage&q&f=false](https://books.google.co.uk/books?id=l28QBAAAQBAJ&printsec=frontcover" \l "v=onepage&q&f=false)

Hairstyle Guide Complete Guide of Style

[play.google.com/store/books/details/Tatiana\_Ceballos\_Hairstyle\_Guide?id=HSQTAgAAQBAJ&hl=en\_GB](https://play.google.com/store/books/details/Tatiana_Ceballos_Hairstyle_Guide?id=HSQTAgAAQBAJ&hl=en_GB)

Shaped for Beauty

[play.google.com/store/books/details/Eleonor\_Bredlöv\_Shaped\_for\_beauty?id=pi9tDwAAQBAJ&hl=en\_GB](https://play.google.com/store/books/details/Eleonor_Bredlöv_Shaped_for_beauty?id=pi9tDwAAQBAJ&hl=en_GB)

Talk to Anyone and Always Know what to Say Next

[play.google.com/store/audiobooks/details/Zane\_Rozzi\_Talk\_to\_Anyone\_and\_Always\_Know\_what\_to?id=AQAAAEBskDnQRM&hl=en\_GB](https://play.google.com/store/audiobooks/details/Zane_Rozzi_Talk_to_Anyone_and_Always_Know_what_to?id=AQAAAEBskDnQRM&hl=en_GB)

Social Skills: Simple Techniques to Manage Your Shyness, Improve Conversations, Develop Your Charisma and Make Friends In No Time

[play.google.com/store/books/details/James\_W\_Williams\_Social\_Skills?id=DWScDwAAQBAJ&hl=en\_GB](https://play.google.com/store/books/details/James_W_Williams_Social_Skills?id=DWScDwAAQBAJ&hl=en_GB)

Social media links

Instagram accounts to follow:

[instagram.com/lcchairbeautymediamakeup/](https://www.instagram.com/lcchairbeautymediamakeup/)

[instagram.com/halloweenmakeup2020/?hl=en](https://www.instagram.com/halloweenmakeup2020/?hl=en)

[instagram.com/wellaeducation/?hl=en](https://www.instagram.com/wellaeducation/?hl=en)

Skill building/ideas:[youtube.com/watch?v=styPMNi8dzE](https://www.youtube.com/watch?v=styPMNi8dzE)

[youtube.com/watch?v=iBEZWApocM0](https://www.youtube.com/watch?v=iBEZWApocM0)

[snazaroo.com/uk/themes/professional-halloween/?tab=snow-leopard](https://www.snazaroo.com/uk/themes/professional-halloween/?tab=snow-leopard)

[youtube.com/watch?v=tUIeUi-zYro](https://www.youtube.com/watch?v=tUIeUi-zYro)

[youtube.com/watch?v=djjUlr9qBzM](https://www.youtube.com/watch?v=djjUlr9qBzM)

[youtube.com/watch?v=loR36s0CdZI](https://www.youtube.com/watch?v=loR36s0CdZI)

English and maths

Maths recipe challenge  
[docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj\_LqM50FWrvjYhDbyugGeuu35-O0/edit](https://docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit)

English task  
In no more than 500 words, write a summary about a hair, beauty or media make up book/article/magazine you have read that was engaging and interesting.

Pastoral  
[docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit#slide=id.g5d74d6d184\_0\_80](https://docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit" \l "slide=id.g5d74d6d184_0_80)

**Course: City & Guilds Level 2 Technical Certificate in Hairdressing**

**VTCT Level 2 & 3 Diploma in women’s Hairdressing**

**Tutor: Katie Mortimer**

About your qualification

* [vtct.org.uk/qualification-category/hairdressing-barbering/](https://www.vtct.org.uk/qualification-category/hairdressing-barbering/)
* [cityandguilds.com/qualifications-and-apprenticeships/hairdressing/hairdressing/3002-hairdressing#tab=documents](https://www.cityandguilds.com/qualifications-and-apprenticeships/hairdressing/hairdressing/3002-hairdressing" \l "tab=documents)
* [cityandguilds.com/techbac](https://www.cityandguilds.com/techbac)

Reading listYou may find the following useful for your course:

Free virtual books  
Hairdressing

free virtual ebooks on google play

[books.google.co.uk/books?id=1L5QApiUTCMC&lpg=PP1&pg=PP1#v=onepage&q&f=false](https://books.google.co.uk/books?id=1L5QApiUTCMC&lpg=PP1&pg=PP1" \l "v=onepage&q&f=false)

Magazines

[hji.co.uk](https://www.hji.co.uk/) (Hairdressers Journal)

[blackbeautyandhair.com](https://www.blackbeautyandhair.com/)

Websites and social media to follow:

[instagram.com/lcchairbeautymediamakeup/](https://www.instagram.com/lcchairbeautymediamakeup/)

[instagram.com/wellaeducation/](https://www.instagram.com/wellaeducation/)

[instagram.com/fellowshiphair/](https://www.instagram.com/fellowshiphair/)

[instagram.com/behindthechair\_com/](https://www.instagram.com/behindthechair_com/)

[How to take the perfect selfie](https://www.youtube.com/watch?v=ZfJqxMfH_SI)

[instagram.com/ghdhair/](https://www.instagram.com/ghdhair/)

[instagram.com/sassoonacademyofficial/](https://www.instagram.com/sassoonacademyofficial/)

[instagram.com/leedscitycollege/](https://www.instagram.com/leedscitycollege/)

[instagram.com/lorealpro/](https://www.instagram.com/lorealpro/)

[How to create a professional Instagram profile](https://www.themuse.com/advice/5-steps-to-creating-an-instagram-profile-that-people-cant-help-but-follow)

Ideas for tasks:

* [Hair Passport](https://docs.google.com/presentation/d/1xrvxLiYAJYB8S1bnXT0OmGuD9AsbF6QaE6GYzQ8c8IE/edit?usp=sharing)

Produce a book in the style of a journal, all about you and your interests in hairdressing inspired by famous stylists or influencers such as Robert Eaton.

* [This is me activity](https://docs.google.com/document/d/15jGlA042ULREoFONsLO_ogp95wEBaUENCwMBdyNejAY/edit)
* [How can social media be used to raise the profile of a stylist](https://docs.google.com/presentation/d/1gXdxpOIigr7AyZAJEkghTLvT8SSVwmO_Aqxsdp4Etjs/edit" \l "slide=id.gc6f59039d_0_0)?
* [Plaiting activity](https://docs.google.com/presentation/d/1yp317ZJejMit4dtxgrlO0bn4LU7CZ3cj-h_bmkirc6U/edit" \l "slide=id.gcb9a3abeb_0_23)
* Teach yourself to plait:

[youtube.com/watch?v=bVk0G-TQPEE](https://www.youtube.com/watch?v=bVk0G-TQPEE)[google.com/store/search?q=plaiting%20hair&c=books](https://play.google.com/store/search?q=plaiting hair&c=books)

* BARBICIDE® COVID-19 Certification:

[easy-lms.com/barbicide-r-covid-19-certification/course-48584](https://www.easy-lms.com/barbicide-r-covid-19-certification/course-48584)

Set up a Pinterest account, this will be your digital online portfolio, create themed boards for your photographs and artist research. Here are some starting points for a board themes that you may wish to use:

* Produce a board inspired by the 1960s
* Research these genres 1960s fashion, hair, makeup, music and culture
* Conduct online gallery research what do you like? What is out there?

Things to try at home:

* Follow at least three famous hairdressers on Instagram or Facebook
* Check out [How To: Shoot Like a Pro for Social Media](https://www.instagram.com/tv/B_7kWGUJdZ7/?utm_source=ig_web_button_share_sheet) and get ready to create your own social media page to promote your work
* Follow hair educators to help you develop your skills
* Have fun playing around with different hair colours and make a collage of the different looks on your phone using

[lorealprofessionnel.com/int/style-my-hair-page](https://www.lorealprofessionnel.com/int/style-my-hair-page)

* Build up a portfolio of hairstyles that you think are on-trend - this could be on paper or digitally.

**Course: VTCT Level 2 Certificate in Hair & Beauty skills:**

**Tutor: Samantha Shulver**

Beauty skills, nails and makeup projects

[docs.google.com/document/d/1Y59x7-HV6k4XbpEIuf-JKNgXHDyLn\_MiJaT-DEs1HA0/edit](https://docs.google.com/document/d/1Y59x7-HV6k4XbpEIuf-JKNgXHDyLn_MiJaT-DEs1HA0/edit)

[docs.google.com/document/d/17hbEp72y5V5P0Rk0Riuzv3YPQM2BFsIQJ3s2bT3oFu8/edit](https://docs.google.com/document/d/17hbEp72y5V5P0Rk0Riuzv3YPQM2BFsIQJ3s2bT3oFu8/edit)

Useful podcasts

[elle.com/uk/beauty/make-up/a19695736/best-beauty-podcast/](https://www.elle.com/uk/beauty/make-up/a19695736/best-beauty-podcast/)

Hair podcasts: [feedspot.com/hair\_podcasts/](https://blog.feedspot.com/hair_podcasts/)

Makeup podcasts: [player.fm/podcasts/Makeup](https://player.fm/podcasts/Makeup)

Barbering podcasts: [player.fm/podcasts/Barber](https://player.fm/podcasts/Barber)

Social Media

[instagram.com/lcchairbeautymediamakeup/](https://www.instagram.com/lcchairbeautymediamakeup/)

[instagram.com/wellaeducation/](https://www.instagram.com/wellaeducation/)

[instagram.com/fellowshiphair/](https://www.instagram.com/fellowshiphair/)

[instagram.com/behindthechair\_com/](https://www.instagram.com/behindthechair_com/)

[How to take the perfect selfie](https://www.youtube.com/watch?v=ZfJqxMfH_SI)

[instagram.com/ghdhair/](https://www.instagram.com/ghdhair/)

[instagram.com/sassoonacademyofficial/](https://www.instagram.com/sassoonacademyofficial/)

[instagram.com/leedscitycollege/](https://www.instagram.com/leedscitycollege/)

[instagram.com/lorealpro/](https://www.instagram.com/lorealpro/)

[How to create a professional Instagram profile](https://www.themuse.com/advice/5-steps-to-creating-an-instagram-profile-that-people-cant-help-but-follow)

Maths:  
[Maths recipe challenge](https://docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit)

English:  
In no more than 500 words, write a summary about a hair, beauty or media makeup book/article/magazine you have read that was engaging and interesting.

Pastoral: [docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit#slide=id.g5d74d6d184\_0\_80](https://docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit" \l "slide=id.g5d74d6d184_0_80)

**Course: City & Guilds Level 2 Certificate in Barbering**

**Tutor:Nathan Edwards**   
  
About your qualification:

* [cityandguilds.com/qualifications-and-apprenticeships/hairdressing/hairdressing/3002-hairdressing#tab=documents](https://www.cityandguilds.com/qualifications-and-apprenticeships/hairdressing/hairdressing/3002-hairdressing" \l "tab=documents)
* <https://docs.google.com/document/d/194Ux9KsJ_YVCh5ZbM8w3rgMD_1r6JEFztolwbaRLyUk/edit>

Why being a barber is a great job

* [youtube.com/watch?v=AFY6eTVyuRU&feature=emb\_title](https://www.youtube.com/watch?v=AFY6eTVyuRU&feature=emb_title)
* [youtube.com/watch?v=zG82OnKywik&t=486s](https://www.youtube.com/watch?v=zG82OnKywik&t=486s)

Complete this FREE barbicide training and receive your certificate for health and safety based upon Covid-19 [barbicide.com/certification/](https://barbicide.com/certification/)

Websites to browse with great content and free tickets to barbering conventions!

* [barberconnect.co.uk](http://barberconnect.co.uk/)
* [hji.co.uk/men/whats-future-of-barbering/](https://www.hji.co.uk/men/whats-future-of-barbering/)
* [beautyserve.com/Growth-in-barbering-industry-set-back-by-lack-of-quality-barbers.html](https://www.beautyserve.com/Growth-in-barbering-industry-set-back-by-lack-of-quality-barbers.html)
* [bluebeards-revenge.co.uk/blog/uk-barbering-industry-expected-to-grow-but-survey-reveals-there-is-a-lack-of-quality-barbers-to-meet-demand/](https://www.bluebeards-revenge.co.uk/blog/uk-barbering-industry-expected-to-grow-but-survey-reveals-there-is-a-lack-of-quality-barbers-to-meet-demand/)
* [nhbf.co.uk/home/](https://www.nhbf.co.uk/home/)

BARBICIDE® COVID-19 Certification:

[easy-lms.com/barbicide-r-covid-19-certification/course-48584](https://www.easy-lms.com/barbicide-r-covid-19-certification/course-48584)

Beginners’ quiz!

[create.kahoot.it/share/barbering/79755c3e-0dab-4747-819f-720bce37c4e2](https://create.kahoot.it/share/barbering/79755c3e-0dab-4747-819f-720bce37c4e2)

Websites, social media accounts and hashtags to follow:

[instagram.com/lcchairbeautymediamakeup/](https://www.instagram.com/lcchairbeautymediamakeup/)

[instagram.com/wellaeducation/](https://www.instagram.com/wellaeducation/)

[instagram.com/staygold31](https://www.instagram.com/staygold31)

[instagram.com/hayden\_cassidy/?hl=en](https://www.instagram.com/hayden_cassidy/?hl=en)

[instagram.com/kevinluchmun/?hl=en](https://www.instagram.com/kevinluchmun/?hl=en)

[instagram.com/schorembarbier/?hl=en](https://www.instagram.com/schorembarbier/?hl=en)

#BarberEducation

#BarberingEducation

#HairEducation

@TheGreatBritishBarberBash

@BarberShowUK

@Alan\_Beak

Tasks to complete at home:

* Identify the basic styling techniques for men’s hair
* Analyse the factors that influence the choice of hair styling techniques for men
* Consider the importance of the preparation procedures for styling men’s hair
* Explore the purpose of hair styling and finishing products, tools and equipment
* Create a lookbook of different cuts and styles for men's hair
* Research how to create a successful barber shop
* Look into 2020 fashion beard styles and haircuts
* Complete above working in the barber industry assignment

[docs.google.com/document/d/1LpMZSie8RA\_TLJx-\_g4FDrDw8\_74ISweFoFjSbz\_0Cc/edit](https://docs.google.com/document/d/1LpMZSie8RA_TLJx-_g4FDrDw8_74ISweFoFjSbz_0Cc/edit)

Maths:  
[Maths recipe challenge](https://docs.google.com/presentation/u/1/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit?usp=sharing)

English:  
In no more than 500 words, write a summary about a hair, beauty or media makeup book/article/magazine you have read that was engaging and interesting.

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**Course: Beauty Therapy**

**Tutor: Belinda Kilroy**

VTCT is the awarding body, use the link below to familiarise yourself with the website. Click on news & FAQ to find out what is current and happening in the industry.

https://www.vtct.org.uk/

Dermalogica website, product awareness please access the link below to learn about the product range you will be using

[dermalogica.co.uk/on/demandware.store/Sites-dermalogica-uk-Site/en\_GB/Search-Show?q=Products](https://www.dermalogica.co.uk/on/demandware.store/Sites-dermalogica-uk-Site/en_GB/Search-Show?q=Products)

Barbicide CPD Health & safety online learning- when completed you will receive a certificate

[barbicide.com/certfication/](https://bacrbicide.com/certfication/)

Face chart to practice makeup looks - access website to print off

[docs.google.com/document/d/1v3OscLmvhKfyRb00hK56i5uPd7myWF8T3eGlmZ2y\_aQ/edit?usp=sharing](https://docs.google.com/document/d/1v3OscLmvhKfyRb00hK56i5uPd7myWF8T3eGlmZ2y_aQ/edit?usp=sharing)

Introduction to Beauty Therapy Kahoot quiz

[kahoot.it/challenge/03816335?challenge-id=5fa1180e-a0f9-4f34-8aba-49cb8f84037c\_1590136371305](https://kahoot.it/challenge/03816335?challenge-id=5fa1180e-a0f9-4f34-8aba-49cb8f84037c_1590136371305) Game PIN: 03816335 (available until 18 June)

Nail art design sheet [docs.google.com/document/d/19rfkKHdgSAVv4VggSm--e8zyAlFFCjCxlMMa1O9M3Fo/edit?usp=sharing](https://docs.google.com/document/d/19rfkKHdgSAVv4VggSm--e8zyAlFFCjCxlMMa1O9M3Fo/edit?usp=sharing)

Maths:  
[Maths recipe challenge](https://docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit)

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**Course: VTCT Level 2 Diploma in Hair and media makeup**

**Tutor: Emma Worrall**

**About the qualification:**

[qualifications.vtct.org.uk/finder/qualfinder/qual.php?qual=AM20241](https://qualifications.vtct.org.uk/finder/qualfinder/qual.php?qual=AM20241)

Suggested reading list:

* [delamaracademy.co.uk/uncategorized/complete-make-artist-book/](https://delamaracademy.co.uk/uncategorized/complete-make-artist-book/)
* [vogue.co.uk/](https://www.vogue.co.uk/)
* [thepop.com/basic-page/](https://thepop.com/basic-page/)
* [makeupmag.com/](https://makeupmag.com/)
* [hji.co.uk/](https://www.hji.co.uk/)

Social media accounts to follow:

YouTube

* [youtube.com/watch?v=tiwr1D9resU](https://www.youtube.com/watch?v=tiwr1D9resU)
* [youtube.com/watch?v=pMSudV2Eukg](https://www.youtube.com/watch?v=pMSudV2Eukg)
* [youtube.com/watch?v=ZtM1gs678WE](https://www.youtube.com/watch?v=ZtM1gs678WE)

Instagram

* [instagram.com/patmcgrathreal/?hl=en](https://www.instagram.com/patmcgrathreal/?hl=en)
* [instagram.com/pablo\_rodriguez\_makeup/?hl=en](https://www.instagram.com/pablo_rodriguez_makeup/?hl=en)
* [instagram.com/thevalgarland/?hl=en](https://www.instagram.com/thevalgarland/?hl=en)
* [instagram.com/toniandguyworld/?hl=en](https://www.instagram.com/toniandguyworld/?hl=en)
* [instagram.com/lcchairbeautymediamakeup/](https://www.instagram.com/lcchairbeautymediamakeup/)

Summer activity:

Set up a Pinterest account - [pinterest.co.uk](https://www.pinterest.co.uk/).

Create a themed moodboard around your influences in makeup.

Starting points to think about:

* Makeup and hair artists who inspire you
* Fashion designers
* Makeup and hair trends

BARBICIDE COVID-19 Certification: Please access the health and safety online course prior to your course commencing. You will receive a certificate once complete.

[easy-lms.com/barbicide-r-covid-19-certification/course-48584](https://www.easy-lms.com/barbicide-r-covid-19-certification/course-48584)

Maths:

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**Course: C&G Hairdressing Level 1 Diploma in Women’s Hair**

**Tutor: Helen Lakeland**

Vocabulary/terminology exercise linked to presenting a professional image in a salon  
[dictionary.cambridge.org/dictionary/learner-english/](https://dictionary.cambridge.org/dictionary/learner-english/)

Presenting a professional image in a salon assignment:

* Identify how to promote a professional image in a salon
* Identify how to maintain personal hygiene
* Identify the effects of positive and negative attitudes and behaviours

Websites worth visiting:

* [schwarzkopf-professional.co.uk/skp/uk/en/home/education/ask/consultation/0014/your-personal-appearance.service.html](https://www.schwarzkopf-professional.co.uk/skp/uk/en/home/education/ask/consultation/0014/your-personal-appearance.service.html)
* [salonsdirect.com/blog/the-importance-of-appearance-in-your-salon/](https://www.salonsdirect.com/blog/the-importance-of-appearance-in-your-salon/)
* [modernsalon.com/367824/9-essential-work-ethics-for-salon-success](https://www.modernsalon.com/367824/9-essential-work-ethics-for-salon-success)
* Create a Pinterest board incorporating different plaiting/twisting and braiding techniques.

[play.google.com/store/search?q=plaiting%20and%20twisting&c=books&hl=en\_G](https://play.google.com/store/search?q=plaiting and twisting&c=books&hl=en_GB)

Free virtual books to help you with your course:

[play.google.com/store/search?q=hairdressing%20level%202&c=books](https://play.google.com/store/search?q=hairdressing level 2&c=books)

[play.google.com/store/search?q=Esol&c=books](https://play.google.com/store/search?q=Esol&c=books)

Create a Pinterest board incorporating different plaiting/twisting and braiding techniques

[play.google.com/store/search?q=plaiting%20and%20twisting&c=books&hl=en\_GB](https://play.google.com/store/search?q=plaiting and twisting&c=books&hl=en_GB)

Social media pages:

[instagram.com/wellaeducation/?hl=en](https://www.instagram.com/wellaeducation/?hl=en)

BARBICIDE COVID-19 Certification:

[easy-lms.com/barbicide-r-covid-19-certification/course-48584](https://www.easy-lms.com/barbicide-r-covid-19-certification/course-48584)

Maths:  
[Maths recipe challenge](https://docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit)

English:  
In no more than 500 words, write a summary about a hair, beauty or media makeup book/article/magazine you have read that was engaging and interesting.

Pastoral: [docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit#slide=id.g5d74d6d184\_0\_80](https://docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit" \l "slide=id.g5d74d6d184_0_80)

**Course: C&G Hairdressing Level 2 Diploma in Women’s Hair & C&G Level 3 Diploma for Colour Technicians**

**Tutor: Helen Lakeland**  
  
About your qualification

[cityandguilds.com/qualifications-and-apprenticeships/hairdressing/hairdressing/3002-hairdressing#tab=documents](https://www.cityandguilds.com/qualifications-and-apprenticeships/hairdressing/hairdressing/3002-hairdressing" \l "tab=documents)

Reading list:

[books.google.co.uk/books?id=1L5QApiUTCMC&lpg=PP1&pg=PP1#v=onepage&q&f=false](https://books.google.co.uk/books?id=1L5QApiUTCMC&lpg=PP1&pg=PP1" \l "v=onepage&q&f=false)

Magazines

[Hairdressers journal](https://www.hji.co.uk/)

[blackbeautyandhair.com](https://www.blackbeautyandhair.com/)

Websites and social media worth following:

[instagram.com/lcchairbeautymediamakeup/](https://www.instagram.com/lcchairbeautymediamakeup/)

[instagram.com/wellaeducation/](https://www.instagram.com/wellaeducation/)

[instagram.com/fellowshiphair/](https://www.instagram.com/fellowshiphair/)

[instagram.com/behindthechair\_com/](https://www.instagram.com/behindthechair_com/)

[instagram.com/ghdhair/](https://www.instagram.com/ghdhair/)

[instagram.com/sassoonacademyofficial/](https://www.instagram.com/sassoonacademyofficial/)

[instagram.com/leedscitycollege/](https://www.instagram.com/leedscitycollege/)

[instagram.com/lorealpro/](https://www.instagram.com/lorealpro/)

Ideas for tasks:

* [Hair passport](https://docs.google.com/presentation/d/1xrvxLiYAJYB8S1bnXT0OmGuD9AsbF6QaE6GYzQ8c8IE/edit?usp=sharing)

Produce a book in the style of a journal, all about you and your interests in hairdressing inspired by famous stylists or influencers  such as Robert Eaton.

* Have fun playing around with different hair colours, make a collage of the different looks via [lorealprofessionnel.com/int/style-my-hair-page](https://www.lorealprofessionnel.com/int/style-my-hair-page)
* [This is me activity](https://docs.google.com/document/d/15jGlA042ULREoFONsLO_ogp95wEBaUENCwMBdyNejAY/edit)
* [How can social media raise the profile of a stylist?](https://docs.google.com/presentation/d/1gXdxpOIigr7AyZAJEkghTLvT8SSVwmO_Aqxsdp4Etjs/edit" \l "slide=id.gc6f59039d_0_0)
* Bookmark the fellowships education pages

[fellowshiphair.com/the-knowledge](https://fellowshiphair.com/the-knowledge)

* Watch Sam Villa’s “Three ways to blow dry to achieve volume”

[youtube.com/watch?v=qSU1ON2LPHU](https://www.youtube.com/watch?v=qSU1ON2LPHU)

* Complete the assignment on styling women’s hair

[docs.google.com/document/d/1L3q\_ti1kxNIslb-67grnjyM7h5h8Vzz2nUlQeqHt-yY/edit](https://docs.google.com/document/d/1L3q_ti1kxNIslb-67grnjyM7h5h8Vzz2nUlQeqHt-yY/edit)

* BARBICIDE® COVID-19 Certification:

[easy-lms.com/barbicide-r-covid-19-certification/course-48584](https://www.easy-lms.com/barbicide-r-covid-19-certification/course-48584)

Maths:

[Maths recipe challenge](https://docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit)

English:  
In no more than 500 words, write a summary about a hair, beauty or media makeup book/article/magazine you have read that was engaging and interesting.

Pastoral:

[docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit#slide=id.g5d74d6d184\_0\_80](https://docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit" \l "slide=id.g5d74d6d184_0_80)

**Course: VTCT Level 2 Diploma in Beauty Therapy Studies**

**Tutor: Helen Lakeland**

About the qualification

[vtct.org.uk/qualification-category/beauty-therapy/?level=2&type=VRQ&size=Diploma&search\_type=qualifications](https://www.vtct.org.uk/qualification-category/beauty-therapy/?level=2&type=VRQ&size=Diploma&search_type=qualifications)

BARBICIDE COVID-19 Certification:

[easy-lms.com/barbicide-r-covid-19-certification/course-48584](https://www.easy-lms.com/barbicide-r-covid-19-certification/course-48584)

Watch every face tells a story

[youtube.com/watch?v=zR9c0U5pl7g](https://www.youtube.com/watch?v=zR9c0U5pl7g)

Watch the Dermalogica story

[youtube.com/watch?v=3wvB-SJSU5Q](https://www.youtube.com/watch?v=3wvB-SJSU5Q)

Try face mapping your skin

[dermalogica.co.uk/face-mapping-skin-analysis/fmc,en\_GB,pg.html](https://www.dermalogica.co.uk/face-mapping-skin-analysis/fmc,en_GB,pg.html)

Learn fun facts about the skin

[VISUAL.LY/50-INCREDIBLE-FACTS-ABOUT-SKIN](http://visual.ly/50-INCREDIBLE-FACTS-ABOUT-SKIN)

* Study some interactive quizzes to introduce you to some of the topics studied on the course  
  [create.kahoot.it/search?filter=1&query=Beauty%20therapy%20level%202&tags=Beauty%20therapy%20level%202](https://create.kahoot.it/search?filter=1&query=Beauty therapy level 2&tags=Beauty therapy level 2)

Suggested reading list:

* Beauty Therapy: The Foundations, Level 2 - Lorraine Nordmann
* [professionalbeauty.co.uk/site/Home](https://professionalbeauty.co.uk/site/Home)
* [ellisons.co.uk/beauty/](https://www.ellisons.co.uk/beauty/)

Summer activities:

* Set up a Pinterest account [pinterest.co.uk/](https://www.pinterest.co.uk/)
* Create mood boards on the suggested topics

Different makeup looks - day/eve/bridal/special occasion

Nail art designs/nail shapes/styles

Different eyebrow shapes/lashes

Maths:  
[Maths recipe challenge](https://docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit" \l "slide=id.p)

English:  
In no more than 500 words, write a summary about a hair, beauty or media makeup book/article/magazine you have read that was engaging and interesting.

Pastoral: [docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit#slide=id.g5d74d6d184\_0\_80](https://docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit" \l "slide=id.g5d74d6d184_0_80)

**Course: VTCT Level 3 Diploma in Beauty Therapy Treatments**

**VTCT Level 3 Diploma in Massage Therapy**

**Tutor: Helen Lakeland**

Suggested reading

* Dermalogica website for product knowledge recap and information

[dermalogica.co.uk/on/demandware.store/Sites-dermalogica-uk-Site/en\_GB/Search-Show?q=Products](https://www.dermalogica.co.uk/on/demandware.store/Sites-dermalogica-uk-Site/en_GB/Search-Show?q=Products)

* An introductory guide to Anatomy and Physiology 4th edition. Louise Tucker

Activities and videos

* An insight into how your first unit can be beneficial to daily life  
  [professionalbeauty.co.uk/site/pbtvdetails/benefits-of-aromatherapy-for-stress-sleep-and-anxiety](https://professionalbeauty.co.uk/site/pbtvdetails/benefits-of-aromatherapy-for-stress-sleep-and-anxiety)
* Watch an introduction to the history of massage  
  [youtube.com/watch?v=9z-WdSMe-cA](https://m.youtube.com/watch?v=9z-WdSMe-cA)
* After watching the video, compose your own article covering the history of massage in depth
* Read [spaexperience.org.uk/about/blog/detail/our-blog/2013/06/25/the-origin-of-stone-massage](https://www.spaexperience.org.uk/about/blog/detail/our-blog/2013/06/25/the-origin-of-stone-massage)

Take a look at the below websites exploring the origins of stone therapy. Produce five short pieces of research covering:

* The seven sister ceremony
* Mary Nelson
* Inyan Pejuta
* Current day stone therapy
* Thermotherapy

[anatomyarcade.com](http://www.anatomyarcade.com/)

A collection of fun games to recap your Level 2 anatomy and physiology knowledge ready for Level 3.

[youtube.com/watch?v=QuP4pgMcxCg](https://m.youtube.com/watch?v=QuP4pgMcxCg)

Watch the video and highlight the three main body types and their properties.

Maths:  
[Maths recipe challenge](https://docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit)

English:  
In no more than 500 words, write a summary about a hair, beauty or media makeup book/article/magazine you have read that was engaging and interesting.

Pastoral: [docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit#slide=id.g5d74d6d184\_0\_80](https://docs.google.com/presentation/d/12LXUkJpfnHbZ5QVkp3mntWvxWEy5-eXK1kdbCKCAeUU/edit" \l "slide=id.g5d74d6d184_0_80)

BARBICIDE COVID-19 Certification:

[easy-lms.com/barbicide-r-covid-19-certification/course-48584](https://www.easy-lms.com/barbicide-r-covid-19-certification/course-48584)

**Course: VTCT Level 2 Diploma in Hair & Media Makeup Studies &**

**VTCT Level 3 Diploma in Theatrical, Special Effects and Hair and Media Make-Up  
Tutor: Helen Lakeland**

About the qualification:

[qualifications.vtct.org.uk/finder/qualfinder/qual.php?qual=AM20241](https://qualifications.vtct.org.uk/finder/qualfinder/qual.php?qual=AM20241)

Suggested reading list:

[delamaracademy.co.uk/uncategorized/complete-make-artist-book/](https://delamaracademy.co.uk/uncategorized/complete-make-artist-book/)

[vogue.co.uk/](https://www.vogue.co.uk/)

[thepop.com/basic-page/](https://thepop.com/basic-page/)

[makeupmag.com/](https://makeupmag.com/)

[hji.co.uk/](https://www.hji.co.uk/)

Social media accounts to follow:

YouTube

[youtube.com/watch?v=tiwr1D9resU](https://www.youtube.com/watch?v=tiwr1D9resU)

[youtube.com/watch?v=pMSudV2Eukg](https://www.youtube.com/watch?v=pMSudV2Eukg)

[youtube.com/watch?v=ZtM1gs678WE](https://www.youtube.com/watch?v=ZtM1gs678WE)

Instagram

[instagram.com/patmcgrathreal/?hl=en](https://www.instagram.com/patmcgrathreal/?hl=en)

[instagram.com/pablo\_rodriguez\_makeup/?hl=en](https://www.instagram.com/pablo_rodriguez_makeup/?hl=en)

[instagram.com/thevalgarland/?hl=en](https://www.instagram.com/thevalgarland/?hl=en)

[instagram.com/toniandguyworld/?hl=en](https://www.instagram.com/toniandguyworld/?hl=en)

[instagram.com/lcchairbeautymediamakeup/](https://www.instagram.com/lcchairbeautymediamakeup/)

Summer activities:

Set up a Pinterest account at [pinterest.co.uk/](https://www.pinterest.co.uk/)Create a themed moodboard around your influences in makeup

Starting points to think about:

* Makeup and hair artists who inspire you
* Fashion designers
* Makeup & hair trends

Maths:  
[Maths recipe challenge](https://docs.google.com/presentation/d/1gA6PZqC3Bq2UDHNj_LqM50FWrvjYhDbyugGeuu35-O0/edit" \l "slide=id.p)

English:  
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