

# School of Public Services

Are you ready to start your new course? Click on the link to find out more about the course you will be studying in the School of Public Services [Video](#)

## Week 4

Hope you enjoyed last [week's session](#), hopefully this gave you an insight into some of the careers you might want to work in and the community you will work with.

## Level 3

### Mental Health & Wellbeing

Lockdown has been a difficult time for everyone in the community, people have been doing lots of weird and wonderful things to keep themselves busy. Watch the video and complete the tasks, we can't wait to see what you have been up to!!

Click on the blue link above and make a copy by simply clicking 'file' and 'make a copy'. You all now have a college login by using your students number (B123456) and your date of birth as the password using the date, month and year. (01022020)

### Competition Time

We'd like to know what wellbeing activities you are currently participating in - so we'd like to see a video!

- Make a 30 sec video showing what you are doing in lockdown to maintain your wellbeing.
- This can be anything from fitness, playing sport, gaming to knitting.

**Tag @lcc\_publicservices in your post or send it in a message for us to share!!**

## Level 1 & 2

### Telecommunication in the Uniformed Services

Alpha, Bravo, Charlie.... Don't know what this means?? This activity will give you an insight into how public services communicate with each other when in the workplace. Take a look at the videos and complete the activities to give you a head start for September.

### Competition Time

**Take a picture of a police officer using their radio, even better if you can get a video of them using their radio. Best Picture/ Video will win a Trinity Voucher!!**